

Career Girls Ready-To-Use Script #4

45-50 minute lesson for "LA Gives Back: Things Every Girl Should Know"

- Begin Presentation: Spend 2-5 minutes introducing video
 - o (Greeting)
 - "Today we are going to watch a video about what it means to be an empowered girl. Does anyone know what it means to be empowered?"
 - "Great! Being empowered means that you are given the power to be stronger and more confident in all that you do."
- Play "LA Gives Back: Things Every Girl Should Know" video (7:43) and begin discussion (10 minutes)
 - o "What was some advice given in this video that really stuck with you?"
 - o "Do you feel more inspired to reach for the stars and live your dreams?"
 - o "Do you think that you can pick any career that you want?"
 - o "Do you feel that girls can do whatever they set their minds to?"
- Video Follow-up (5-7 minutes)
 - o "Does anyone have any questions, comments, reactions, or responses they would like to share?"
- Open up group discussion (10-15 minutes)
 - "Do you know any empowered girls in your life, and can you give examples of what makes them empowered?"
 - "If you could tell your future self one thing to empower yourself, what would it be?"
 - "What are some things that you are passionate about? Can you think of any careers that you can pursue with those passions?"
 - o Begin calling on girls randomly to facilitate a group conversation