

Choosing Friends

The video "[Choosing Friends](#)" lets you know that "friendships are the things that build you up and make you feel good." Friendships can have their ups and downs. But a real friend is someone you can trust, no matter what.

Try This!

Complete the chart to show what friendship means to you. For each statement, check the box to show what you think.

A Friend Is Someone Who . . .

A FRIEND IS SOMEONE WHO . . .	STRONGLY AGREE	NOT SURE	DISAGREE	STRONGLY DISAGREE
I can trust				
Always agrees with me				
Will let me know if I do something that's not okay				
Always wants to do the same things as me				
Will stand up for me				
Tells me the truth				
Gets mad if I disagree with her				
Has some of the same dreams and goals as me				