

Choosing the Right Friends

The video "[Choosing the Right Friends](#)" teaches you to be intentional in your friend selection. Good friends support you and love you for who you are.

Try This!

Read the stories below. For each story, write an ending that shows the actions of a good friend.

Thinking About Friends

STORY BEGINNING	STORY ENDING
<p>Sandra has been having a hard time at school. A group of girls has been mean to her for a few months, and she doesn't know what to do. One day in the cafeteria, she is sitting with a few of her friends. She spills ketchup on her pants. While trying to wipe it up, some of the girls who have been mean to her walk over and begin saying rude things...</p>	<p>What would a good friend do or say?</p>
<p>Keli has played the guitar with her dad since she was 7, but she has never had any lessons. She has been talking about trying out for band, but she's nervous she's not good enough and won't be able to learn to read music...</p>	<p>What would a good friend do or say?</p>
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Think about your friends. Have you always been intentional in selecting good friendships? If you have friendships that aren't "bringing you up", what can you do to change that?