



Name: .....

Date: .....

# Importance of Integrity: Independent Learning Guide

The role models in the video "Importance of Integrity" share about integrity and its importance in all parts of your life.

Watch the video "[Importance of Integrity](#)" at least once. Then read each statement below. Think carefully about each question before you answer it.

**1. The video begins by telling you that integrity is of the "utmost importance."**

What are some words that have a similar meaning to "utmost"? Why would the role model choose such a strong word when talking about integrity?

---

---

---

---

**2. The video explains that integrity is "doing the right thing even when there's nobody there to know whether you did the right thing."**

What does this mean to you? Give an example.

---

---

---

---

3. To understand the importance of integrity, it's helpful to have a good understanding of what this word means.

Have you seen or heard the word *integrity* before? \_\_\_ Yes \_\_\_ No \_\_\_ Not sure

Read the definition. Then fill in the chart to tell what *integrity* means to you.

**Integrity:** "The quality of being honest and strong about what you believe to be right."  
(*The American Heritage Dictionary of the English Language*, online)

<h1>Integrity</h1>	What integrity means to me:
Words that relate to integrity:	Examples of integrity:

4. A speaker in the video says that to have integrity, you must be honest.

What are some other important characteristics of integrity? Complete the sentences with these words. We filled in one for you.

To have integrity, you must be responsible.

To have integrity, you must be \_\_\_\_\_.

To have integrity, you must be \_\_\_\_\_.

To have integrity, you must be \_\_\_\_\_.

5. In the video, listeners learn that having integrity means you don't "cut corners." "Cutting corners" means finding an easier way to do something, but not as well.

What is a job you do in school, at home, or in your community?

---

What might happen if you "cut corners" doing this job?

---

---

---

---

6. The word *integrity* comes from the word *integer*, which means "whole." In math, integers are numbers that are not fractions or decimals (like  $\frac{1}{2}$  and .5).

How does having *integrity* remind you of the meaning of *integer*?

---

---

---

7. The video explains that integrity is very important for success in life.

What is a goal you have for your future?

---

How do you think having integrity will help you achieve this goal?

---

---

---

---



**8. Two speakers in the video talk about the importance of “your word.” When you keep your word, people know they can count on you.**

What does keeping your word mean in each of these examples?

You’re babysitting tonight and said you could be there by 7 PM:

---

You borrowed a book and said you’d take good care of it:

---

You want to go to your friend’s house, and you promise your mother you’ll be home on time for dinner:

---