



TEACHERS TOOLKIT

Tips, Activities, and Ready-to-Use Printables



Inspire. Educate. Empower.



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About Career Girls

Do you know an aspiring astronaut, architect, or actor? How about a girl who dreams of being a surgeon, a software developer, or a dentist, or wonders what it might be like to be a firefighter, a forensic scientist, or a federal judge?

Girls need to start early building skills for their future careers. But many girls lack access to role models who can inspire them to imagine all that they can achieve — from academic success to amazing careers.

Career Girls is helping to change this. Career Girls is a free, noncommercial, online platform dedicated to making sure every girl around the world has access to diverse and accomplished women role models — women who can help girls learn to believe in themselves, imagine what is possible, and go after their dreams.

Career Girls brings together hundreds of accomplished women working in cities across the United States — Houston, Chicago, Philadelphia, Washington, D.C., St. Louis, Boston, New York City, Detroit, Atlanta, San Diego, Los Angeles, San Francisco, and countries around the world. Through a series of videos, each role model shares the story of her career journey, in her own words and in an easily accessible format: *What skills from her childhood does she still rely on today? What is a typical day like in her career? What obstacles has she overcome? Who are her heroes?*

Our role models answer these questions and many others to provide an engaging and comprehensive look at wide-ranging careers. Role models also share favorite subjects in school, discuss the education they pursued to achieve their goals, suggest reasons to consider different careers, and offer helpful advice for getting there.



Career Girls is founded on the dream that every girl around the world has access to diverse and accomplished women role models — to learn from their experiences and to discover their own path to empowerment. We hope you find Career Girls educational resources helpful as you support your students in realizing their academic and career goals.

With sincere appreciation for the work you do,

The Team at Career Girls

Teaching With Career Girls

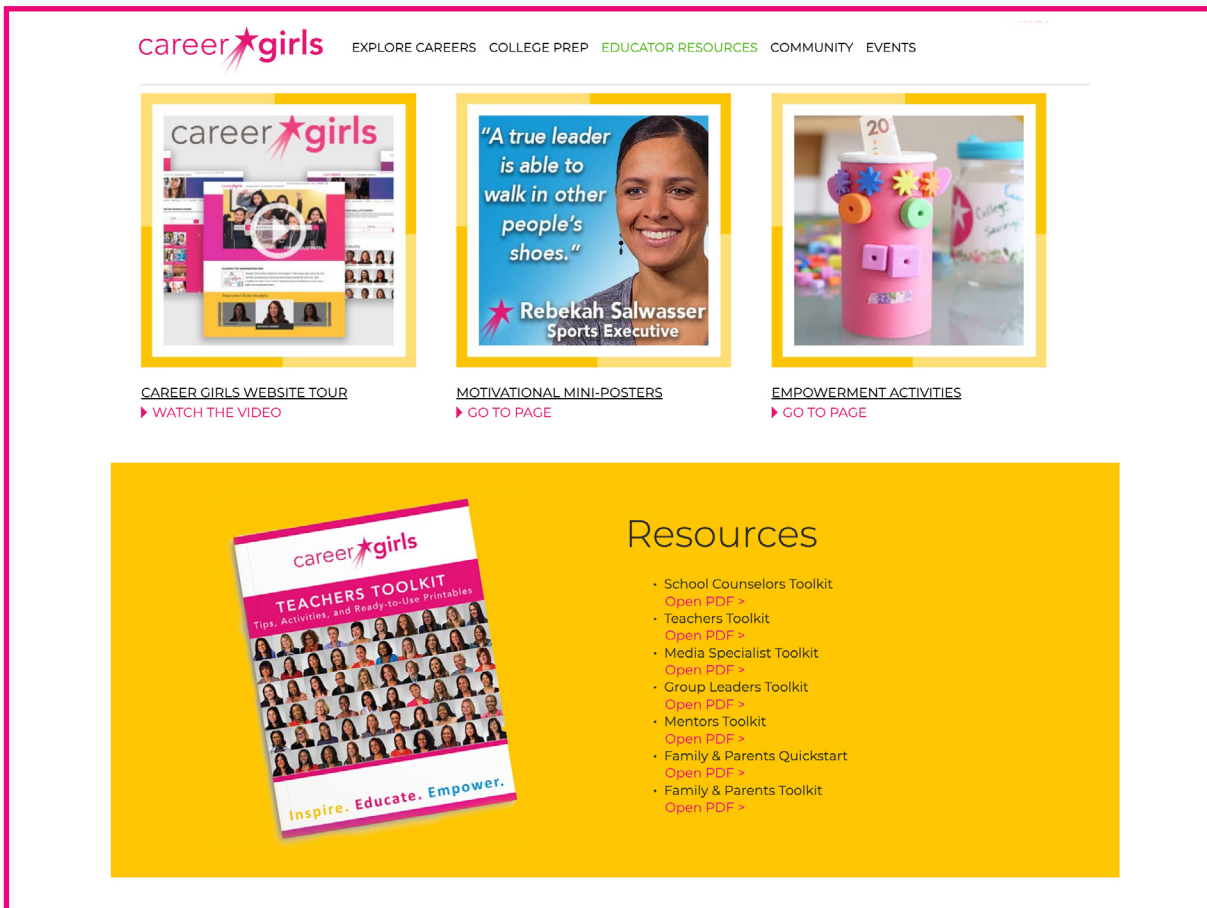
At Career Girls, we know the road to empowerment and independence for girls begins with education: *Girls need to start early building skills for their future careers.*

Research shows that women role models have a powerful and positive impact on girls, including their attitudes toward various careers, such as in STEM fields. Career Girls videos make it easy to bring these role models right to the girls you work with, engaging and empowering them to set and achieve academic and career goals and to believe in their ability to succeed.

With more than 600 role models working in hundreds of different careers, you may be wondering where to begin. There is lots to explore, and no one right way to use Career Girls.

A good place to start is by viewing the "[Career Girls Website Tour](#)" video. It can be found on the Get Started page in the Educator Resources section.

Career Girls Resources. Hundreds of free, downloadable resources are available for both students and educators, from lesson plans to inspirational mini-posters.



The screenshot shows the Career Girls website interface. At the top, there is a navigation bar with the logo and links for "EXPLORE CAREERS", "COLLEGE PREP", "EDUCATOR RESOURCES", "COMMUNITY", and "EVENTS". Below the navigation bar, there are three featured resource cards:

- CAREER GIRLS WEBSITE TOUR:** A card showing a screenshot of the website with the text "CAREER GIRLS WEBSITE TOUR" and a link "▶ WATCH THE VIDEO".
- MOTIVATIONAL MINI-POSTERS:** A card featuring a quote: "A true leader is able to walk in other people's shoes." attributed to Rebekah Salwasser, Sports Executive. It includes the text "MOTIVATIONAL MINI-POSTERS" and a link "▶ GO TO PAGE".
- EMPOWERMENT ACTIVITIES:** A card showing a pink cup decorated with colorful buttons and a paper plate, with the text "EMPOWERMENT ACTIVITIES" and a link "▶ GO TO PAGE".

Below these cards is a yellow banner titled "Resources" which features a "TEACHERS TOOLKIT" graphic and a list of resources:

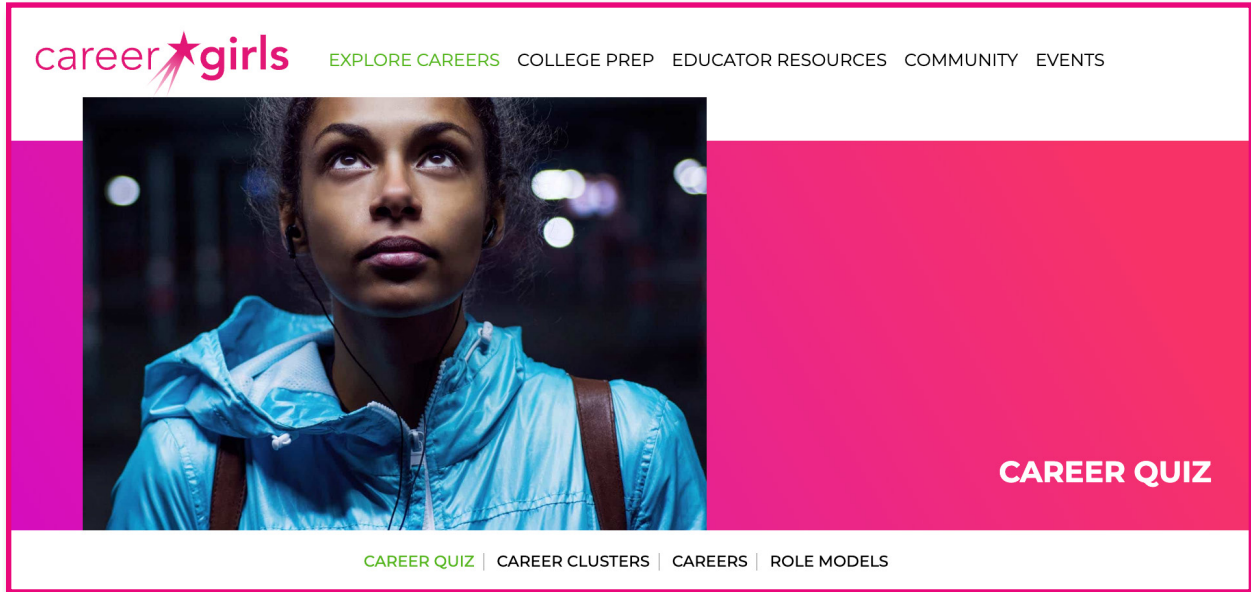
- School Counselors Toolkit [Open PDF >](#)
- Teachers Toolkit [Open PDF >](#)
- Media Specialist Toolkit [Open PDF >](#)
- Group Leaders Toolkit [Open PDF >](#)
- Mentors Toolkit [Open PDF >](#)
- Family & Parents Quickstart [Open PDF >](#)
- Family & Parents Toolkit [Open PDF >](#)

Connections to the Common Core State Standards (CCSS). Career Girls educational materials are designed to support students in developing lifelong learning skills such as critical thinking, creativity, and motivation, while also building competencies for meeting the Common Core State Standards. Please see pages 39–41 for correlations to the CCSS.

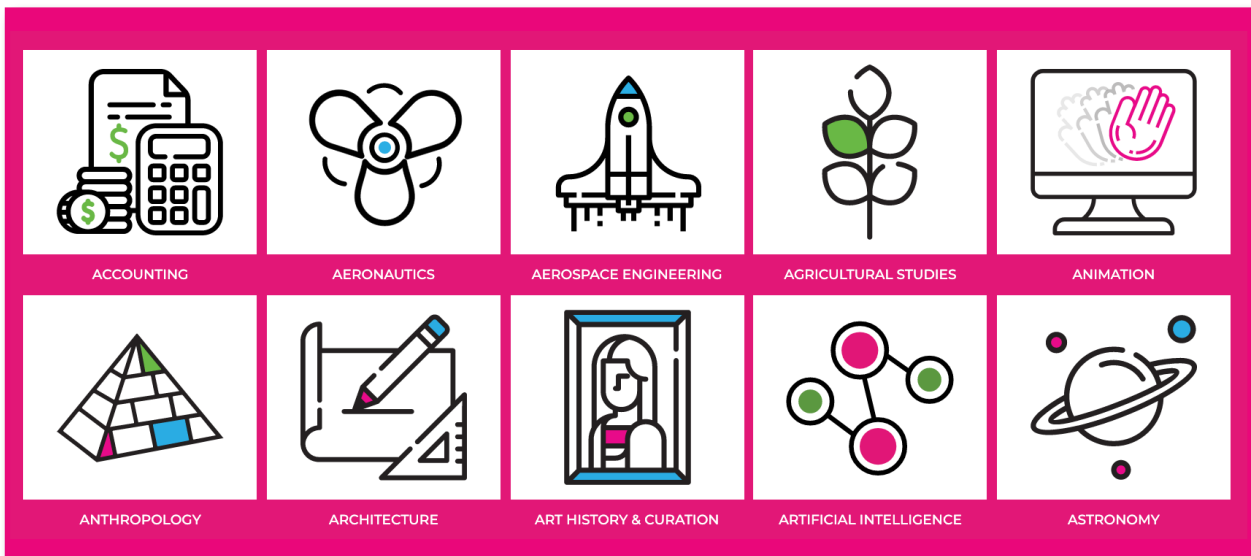
Part 1: Exploring Careers on the Website

Along with ready-to-use Empowerment Videos, Career Girls offers built-in career exploration tools to engage students in exploring careers, imagining the possibilities, and taking important steps to plan for their futures.

Career Quiz. The free [Career Quiz](#) is a fun place to start. This quick and easy quiz helps students discover careers that may be a match for their skills and interests, with links to role models who can help them learn more.



College Majors. This is a great place to explore which courses might be required for degrees like Forensic Science, Film and Media, or Electrical Engineering. Each major is linked to related careers and each career is also linked back to related college majors.

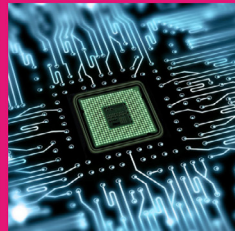


Careers and Career Clusters. Your students can also explore by Career Clusters, such as STEM, Health Sciences, and Finance. Or, they can jump right into an A to Z tour of careers and the role models who work in them — from an Accountant to a Zoologist.

Career Clusters



STEM



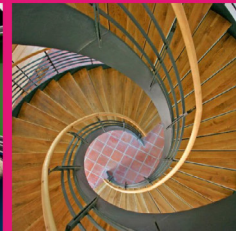
INFORMATION TECHNOLOGY



ENERGY



ARTS, AUDIO/VIDEO & COMMUNICATIONS



ARCHITECTURE & CONSTRUCTION



HEALTH SCIENCES



BUSINESS MANAGEMENT & ADMINISTRATION



FINANCE



MARKETING



AGRICULTURE, FOOD & NATURAL RESOURCES

Careers



ACCOUNTANT



ACTOR



ADMINISTRATIVE ASSISTANT



AEROSPACE ENGINEER



AGRICULTURAL ENGINEER



ANESTHESIOLOGIST



ANIMATOR



ANNOUNCER



ANTHROPOLOGIST & ARCHEOLO...

- A
- Accountant
- Actor
- Administrative Assistant
- Aerospace Engineer
- Agricultural Engineer
- Anesthesiologist
- Animator
- Announcer
- Anthropologist & Archeologist
- Architect
- Art Director
- Artist
- Astronaut
- Astronomer
- Athlete
- Athletic Trainer
- Attorney

Individual Career Pages. On these pages, students can discover everything they need to know about a career. What is this career like? What skills will I need? What is the outlook and pay?

INTERIOR DESIGNER



CAREER CLUSTERS: [ARTS, AUDIO/VIDEO & COMMUNICATIONS](#), [ARCHITECTURE & CONSTRUCTION](#)

What you need to know

Overview	+
What is this career like?	+
What skills are needed?	+
What is the pay?	+
What is the career outlook?	+
What education is required?	—

A bachelor's degree is usually required in order to become an interior designer, as are classes in interior design, drawing, and computer-aided design (CAD). A bachelor's degree in any field is acceptable, and interior design programs are available at the associate's, bachelor's, and master's degree levels.

Applicants may be required to submit sketches and other examples of their artistic ability for admission to interior design programs.

Discover some of the courses you will take pursuing a degree in [Interior and Environmental Design](#).

College Major Detail Page. With over 110 college majors to explore, students can quickly browse through a list of sample courses to gain a basic understanding of whether they might enjoy a particular major, and discover what type of requirements there might be to graduate. Each college major detail page displays a link to related careers a graduate could pursue after attaining a degree, and each career page links back to one or more related college majors.

career girls
EXPLORE CAREERS COLLEGE PREP EDUCATOR RESOURCES COMMUNITY EVENTS

INTERIOR & ENVIRONMENTAL DESIGN

[< BACK TO RESEARCH COLLEGE MAJOR & REQUIREMENTS](#)

Interior & Environmental Design

Interior and environmental design focuses on designing the interiors of homes and buildings while thinking about the best solutions for people and the environment.

For this major you'll take lots of aerospace engineering classes. But you'll also need to take classes in the arts, science, math, and social sciences to earn your bachelor's degree. These extra courses help make sure that you graduate from college with all of the skills you'll need to prepare for a successful career in interior and environmental design.

Sample Courses

Interior and Environmental Design Courses:

- Principles of Modern Architecture
- Environmental Systems
- Design, Think, and Make
- Drawing for Design
- History of Interior Design
- Interior Lighting
- Social Space Design
- Computer Applications in 3D Design
- Architectural Interiors
- Visual Communication
- Photography
- Architectural Foundations
- Environmental Design
- Portfolio and Professional Practice
- Materials and Sustainability

General Curriculum Requirements:

- Arts Courses: Art, History, Languages, Literature, Music
- Math Courses: Algebra, Calculus, Computer Science, Logic, Statistics
- Natural Sciences Courses: Astronomy, Biology, Chemistry, Environmental Science, Physics
- Social Sciences Courses: Anthropology, Economics, Government, Psychology, Sociology

Design Major Sydney S.

"I am a freshman in college currently, and I am majoring in design. I chose design because I've always known that that was something that I wanted to do. I wasn't really sure exactly where I stood as a designer if I wanted to do interior design or set design or costume design. I just knew that design was where I needed to be."

[VISIT SYDNEY'S PAGE](#)

My College Experience

Design Major

Sydney S

Related Careers

INTERIOR DESIGNER

INDUSTRIAL DESIGNER

LANDSCAPE ARCHITECT

ARCHITECT

URBAN PLANNER

GRAPHIC DESIGNER

- I INTERIOR DESIGNER
- I INDUSTRIAL DESIGNER
- L LANDSCAPE ARCHITECT
- A ARCHITECT
- U URBAN PLANNER
- G GRAPHIC DESIGNER

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Role Models. More than 600 diverse and successful role models share their career journey and life advice through a series of short video clips. A complete listing is on the Role Models page.



Role Model Detail Page. In addition to learning the day-to-day practical aspects of a career, your students will gain valuable insights and life advice as each role model shares her journey. What skills from her childhood does she still rely on today? What is a typical day like? How does she overcome obstacles? Who are her heroes? What is her one piece of advice?

EXPLORE CAREERS COLLEGE PREP EDUCATOR RESOURCES COMMUNITY EVENTS

SHAUNA WILLIAMS
PRODUCTION DESIGNER

PLAYLISTS

- My Career
- My Education
- My Story
- My Advice

ALL VIDEOS (36)

What I Do

My Career As A Production Designer

A Typical Day At Tyler Perry Studios

Why Girls Should Consider A Career Behind The Camera

Considering Production Design As A Career

The Trifecta: Creating The Look On Set

Great Part

First Time In The Credits Challenges

Breaking Down The Script

Picking Crew Members

Importance Of Math

Always Have A Plan B

Why Join A Union

Education

Helpful Teachers

Heroes

Skills From Childhood

Skills To Develop

Production Design Tips For Girls

Dealing With Haters

Tips On Writing A Journal

Finding A Mentor In The Film Industry

Being A Mentor

Family Support

Part 2: Teaching With Empowerment Videos

Career Girls has developed a special series of videos and educational resources designed to support teachers in integrating lessons that encourage college and career readiness.

Career Exploration Empowerment Videos explore careers in various fields and **Skill Development Empowerment Videos** focus on key topics such as confidence, leadership, and the importance of integrity.

Empowerment Video Detail Page.

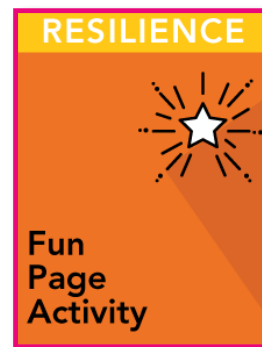
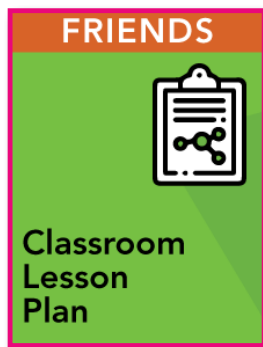
The screenshot shows the 'Empathy' video detail page on the Career Girls website. The page features a navigation bar with the Career Girls logo and links for Explore Careers, College Prep, Educator Resources, Community, and Events. The main header area is orange and pink, with the word 'EMPATHY' in large white letters and 'Skill Development Video' below it. A video player shows five diverse women smiling, with a play button icon overlaid. Below the video player is a link to go back to the Empowerment Videos page. The video title is 'Empathy (2:08)' and the description reads: "We might think that we know a situation. We might read about it. We might study it. But when you're there having a similar experience as somebody else, that's what makes you the most empathetic. But it also helps you make the best decisions because you have all the information." The role models listed are Blen Sahilu, Hiwot Amare, Steffi Paepcke, Maggie Fok, Ellen Kamei, Leah McGowen-Hare, Randi Williams, and Betelhem Dessie. At the bottom, there is a table of resources with expandable options.

Quick Start	+
Video Transcript	+
Discussion Guide	+
Classroom Lesson Plan	+
Empowerment Activities	+
Fun Page Activity	+

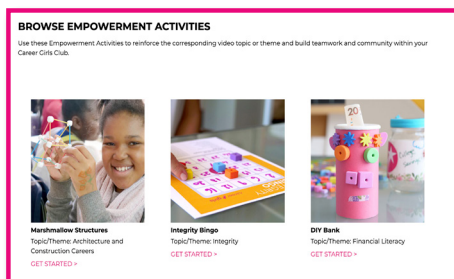
Getting started. Each Empowerment Video features real-world role models who share straight-to-the-point career insights and advice, making the lessons an ideal jumping-off point for meaningful and lasting learning experiences. These videos are paired with ready-to-use educational resources that build on essential concepts.

Empowerment Videos are easy for teachers to use with large groups, small groups, or individuals. To get started, just follow a few simple steps:

- 1. Choose an Empowerment Video.** Each Career Girls Empowerment video is about two minutes and focuses on a different topic. Review the video descriptions (or preview the videos) and introduce them in any order that best meets your student’s needs and interests.
- 2. Download the corresponding resources.** Each Empowerment Video has a corresponding Classroom Lesson Plan, Independent Learning Guide, and Fun Page Activity.



Some Empowerment Videos have corresponding Empowerment Activities and Ready-To-Use Scripts. You can use Empowerment Activities to reinforce the corresponding video topic or theme and build teamwork and community in a group setting. Scripts can be a useful tool for mentors or group leaders with limited preparation time.

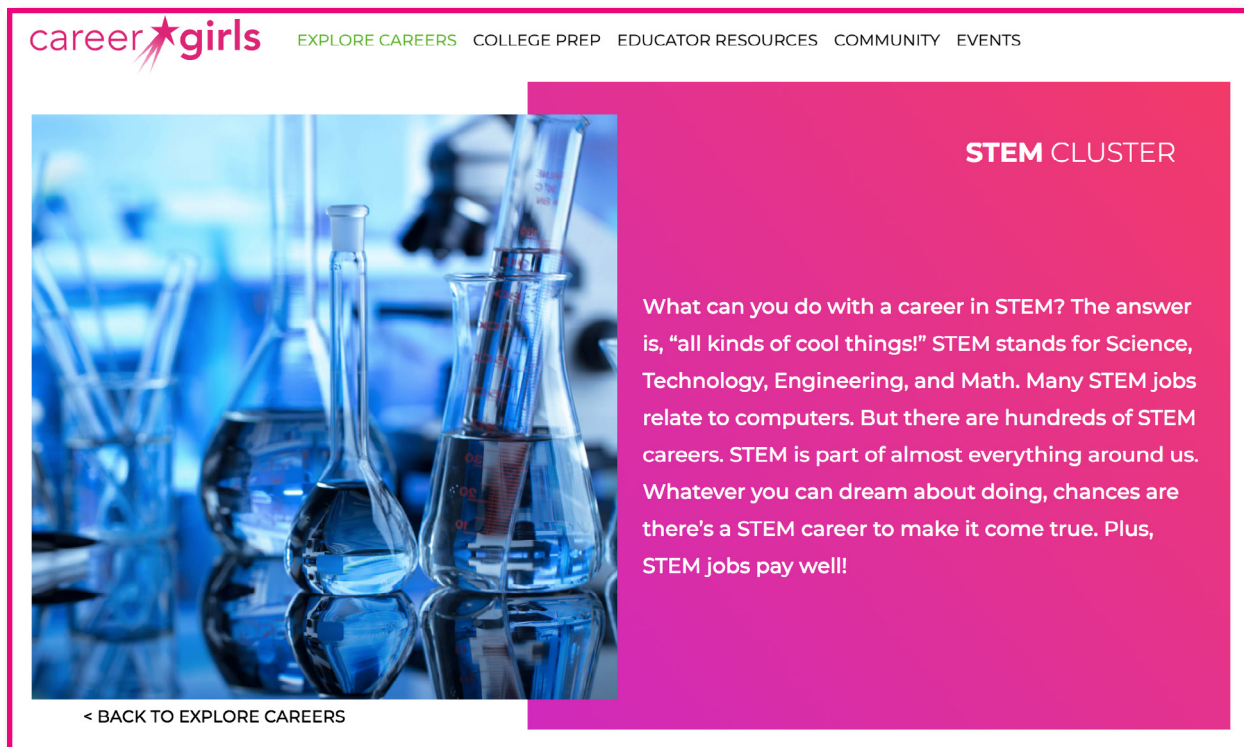


- 3. View the video with your students.** Use the Quick Start discussion questions or the Independent Learning Guide as a quick and easy way to jumpstart lively discussions about the lesson topic with your students or group of any size. And even if you’re not a classroom teacher, you may find the Classroom Lesson Plan useful to introduce the video and guide a “before, during, and after” learning experience. Use the Fun Page Activity to connect what your students are learning to their own lives.

For additional motivation use the “Positively Empowered!” Certificate. Pre-fill the printable certificate with 10 Empowerment topics you’ll be teaching, then print a copy for each of your students. Students can use the certificate to track their progress. You might plan a simple ceremony to award the certificates upon completion.

Part 3: Career Exploration With an Emphasis on STEM

Career Girls places a strong emphasis on STEM careers. As role models in these videos explain, careers in STEM fields are growing, and the good news is that these exciting and rewarding careers typically pay well and are more secure than many other jobs.



The screenshot shows the Career Girls website interface. At the top, the logo 'career girls' is followed by navigation links: 'EXPLORE CAREERS', 'COLLEGE PREP', 'EDUCATOR RESOURCES', 'COMMUNITY', and 'EVENTS'. Below the navigation is a video player with a blue-tinted image of laboratory glassware. To the right of the video player is a pink sidebar with the text 'STEM CLUSTER'. Below the video player is a link '< BACK TO EXPLORE CAREERS'.

career girls EXPLORE CAREERS COLLEGE PREP EDUCATOR RESOURCES COMMUNITY EVENTS

STEM CLUSTER

What can you do with a career in STEM? The answer is, "all kinds of cool things!" STEM stands for Science, Technology, Engineering, and Math. Many STEM jobs relate to computers. But there are hundreds of STEM careers. STEM is part of almost everything around us. Whatever you can dream about doing, chances are there's a STEM career to make it come true. Plus, STEM jobs pay well!

< BACK TO EXPLORE CAREERS


STEM-Focused Empowerment Videos. A good way to start is by utilizing the videos and curriculum from the Career Exploration Empowerment Video series: *Why Choose STEM?*, *Science Careers*, *Technology Careers*, *Engineering Careers*, and *Importance of Math*. In addition, *Career Exploration 101* offers a snapshot of numerous careers, including those in STEM fields. Use the guidelines on page 10 to teach with these videos.




Tip: Use the STEM Certificate of Completion as a motivation tool. Set a goal with students to explore careers in each STEM discipline to earn this certificate.

Explore STEM Careers. Have your students select “STEM” from the Career Cluster page to begin exploring the more than 30 STEM career pages featured on this site. What is this career like? What skills are needed? How much does it pay? Your students can also research related college majors to learn valuable insights from role models linked with each of these career pages.


STEM Careers




AEROSPACE ENGINEER




ANTHROPOLOGIST & ARCHEOLO...




ASTRONAUT



ASTRONOMER



BIOCHEMIST & BIOPHYSICIST



BIOMEDICAL ENGINEER

A AEROSPACE ENGINEER
ANTHROPOLOGIST & ARCHEOLOGIST
ASTRONAUT
ASTRONOMER


B BIOCHEMIST & BIOPHYSICIST
BIOMEDICAL ENGINEER

C CHEMICAL ENGINEER
CHEMIST
COMPUTER HARDWARE


Watch STEM Role Model Videos. Choose titles like *What I Do*, *Why Girls Should Consider a Career in STEM*, *Typical Day*, *Great Part*, *Challenges*, and *Overcoming Obstacles*. Use the suggestions provided on pages 14–15 (Teaching With Any Career Girls Video) to guide the process.

STEM (167 results)


[VISIT CLUSTER](#)




PARK RANGER




BIOMED RESEARCHER



CODER




BIOCHEMIST




TECH MANAGER



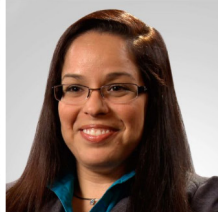
NASA ENGINEER




PUBLIC POLICY LEAD



BIOTECH EXECUTIVE



CHEMIST



SCIENTIST

[VIEW ALL](#)

Part 4: Teaching With Any Career Girls Video

Although the Empowerment Videos offer a simple and easy way for educators to integrate lessons supporting empowerment and independence, you can teach with any Career Girls video or video playlist in your classroom. Following is a basic lesson plan outline for teaching with any of the Career Girls videos.

1. Preparation

Preview the video in advance of viewing it with students.

- Note potentially challenging vocabulary that you may want to pre-teach.
- Get a sense of key ideas and details. Use these to guide viewing of the video and follow-up discussions.

2. Warm-up Activity

Introduce the video with a brief activity.

- Share the video topic, such as Marine Biologist. Invite students to share what they think someone in this career does. Encourage them to use the meaning of individual words they're familiar with, such as *marine*, to tell about this career.
- Pre-teach essential vocabulary, focusing on those words that relate most directly to the video topic and will enhance students' understanding. Use visuals as possible to promote language development.
- Use graphic organizers such as word maps to stretch students' thinking about language that relates to particular careers or topics.

3. View the Video

Promote active listening of each video by directing students' attention to particular details, such as with the following:

- Point out highlights of a particular video that are likely to relate to students' lives. For example, if you're viewing the "Coder" video in the STEM section, you'll want to mention that Sasha, at age 14, is the youngest Career Girls role model! (Background information such as this is provided on the Career Girls website when you select each role model.)
- Suggest something in particular to listen for—such as related vocabulary or particular advice. (*Listen to find out how you can . . .*)
- Consider viewing the video a second time to reinforce understanding of key points.

4. Video Follow-up

Follow up with a discussion that invites students to share their thoughts—questions they have, connections they made, something new they learned.

- Revisit potentially confusing or challenging language in the video, such as expressions and figurative language. Guide students to recognize literal and figurative meanings.
- Use questions to review key details in the video, such as why a role model chose to pursue a particular career, skills she learned in her childhood that she still uses, what the best parts are of that career, and so on.
- Discuss obstacles a role model has overcome. Guide students in discussing what it means to persevere in achieving their own goals.

5. Extension Activity

Plan a short activity to engage students in taking their learning further.

- Students can use a “turn and talk” strategy to discuss particular aspects of a career, or what they think about pursuing that career themselves.
- Create concept maps to represent what students learn about each career. Display the growing collection of concept maps to encourage students to revisit career options.
- Use online job sites and other resources to research actual job postings for particular careers. What new information can students find?
- Review the skills and education required for particular careers. Discuss related skills students are already developing to strengthen the connection between what they do in school and how this helps prepare for a career. Brainstorm steps students can take to prepare for that career.
- Have pairs of students each write a quiz question to go with a set of videos. Have students take turns quizzing the class (or a small group) about the career.
- See pages 16–19 for additional activities you can use with any video.

6. Questions to Guide Further Exploration

Use questions to spark curiosity about careers.

- Encourage students to imagine themselves in the careers they are exploring. After viewing a video, ask: *Can you picture yourself in this career? What interests [skills, abilities] do you have that are a good match? What academic strengths do you have that would be useful in this career?* (For a related activity, see page 26, “Is This a Career for Me?”)
- Notice opportunities in the videos to connect students to positive traits they share with role models. For example, Alma Tapia, a Materials Engineer at NASA, advises girls to be persistent, and explains the importance of this characteristic in her own life. You might ask: *How did Alma show the importance of persistence in her own life?* (For example, the first time she interviewed for a job with NASA, she didn’t get it. She kept working hard and trying, and was interviewed four times before getting her job at NASA.) *How do you show persistence in your own life?* (Alma points out, for example, if you don’t get an A the first time in class, you can keep working hard and get it the next time.)
- Take time for students to share reactions to careers they are exploring. You might ask: *What do you think might be interesting [challenging, etc.] about this career? What is surprising to you about this career?*
- Continue to guide students in recognizing connections between school and careers. Ask: *What subjects are you studying in school that would be helpful in this career?*
- Compare similar careers that students have explored. Ask: *What is the difference between [career] and [career]?*
- Discuss skills required of the particular career in a video. Ask: *What skills do you think are important in whatever career you pursue?*
- Discuss the concept of “preparing today’s students for tomorrow’s careers.” Ask: *What do you think that means? What are some jobs that you think will always be in demand? Why? How have occupations changed over time?*

Activities and Printables to Use With Career Girls Videos

Empowerment Activities

Use Empowerment Activities to reinforce the corresponding video topic or theme and build teamwork and community within your group of students.



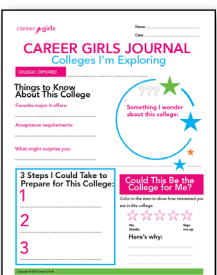
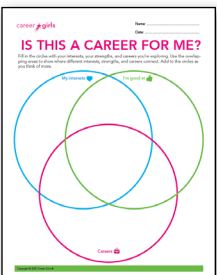
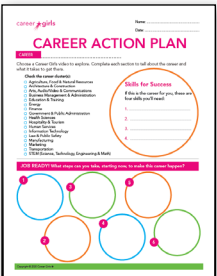
<p>BROWSE EMPOWERMENT ACTIVITIES</p> <p>Use these Empowerment Activities to reinforce the corresponding video topic or theme and build teamwork and community within your Career Girls Club.</p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="224 575 435 785"> <p>Marshmallow Structures Topic/Theme: Architecture and Construction Careers GET STARTED ></p> </div> <div data-bbox="480 575 691 785"> <p>Integrity Bingo Topic/Theme: Integrity GET STARTED ></p> </div> <div data-bbox="737 575 948 785"> <p>DIY Bank Topic/Theme: Financial Literacy GET STARTED ></p> </div> </div>	<p>Empowerment Activities</p> <p>Create your own, or browse from the ones shown on the Empowerment Activities page in the Educators, Families & Mentors section of the Career Girls Website.</p>
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Printable Activity Pages

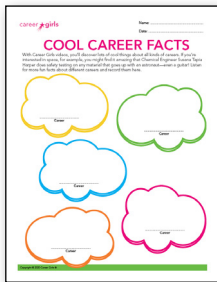
Consider providing your students with Career Exploration binders. In addition to keeping the career exploration materials in one place, this system can strengthen useful organizational skills.

	<p>Career Tracker (Page 21)</p> <p>Setting college and career goals can motivate your students to improve their academic performance. Use this Career Tracker with your group to maintain a record of careers they explore. This can also serve as an important reminder of the active role they are taking in their future and provide them with a handy resource to revisit careers they explore.</p>
	<p>Career Cluster Tracker (Page 22)</p> <p>Use this Career Cluster Tracker with your students to maintain a record of careers they explore. This can also serve as an important reminder of the active role they are taking in their future and provide them with a handy resource to revisit careers they explore.</p>
	<p>Career Exploration Record (Page 23)</p> <p>Setting college and career goals can motivate students to improve their academic performance. Make copies of this record sheet and have students keep track of career videos they view as well as an overview of each career. This visual record will remind students of the active role they are taking in their futures and provide them with a handy resource to revisit the various careers they're exploring.</p>

Printable Activity Pages

	<p>Career Girls Journal – Careers (Page 24) Use this activity page and the questions that follow to examine careers more closely and build connections.</p> <ul style="list-style-type: none"> • <i>What are the important things to know about this career?</i> • <i>What questions do I have about this career?</i> • <i>What steps can I take to prepare for a career in _____?</i> • <i>Is this the career for me? (rating scale)</i>
	<p>Career Girls Journal – College Majors (Page 25) Use this activity page and the questions that follow to examine college majors more closely and build connections.</p> <ul style="list-style-type: none"> • <i>What are the important things to know about this college major?</i> • <i>What questions do I have about this college major?</i> • <i>What steps can I take to prepare for this college major?</i> • <i>Is this the college major for me? (rating scale)</i>
	<p>Career Girls Journal – Colleges (Page 26) Use this activity page and the questions that follow to examine colleges more closely and build connections.</p> <ul style="list-style-type: none"> • <i>What are the important things to know about this college?</i> • <i>What questions do I have about this college?</i> • <i>What steps can I take to prepare for this college?</i> • <i>Is this the college for me? (rating scale)</i>
	<p>Is This a Career for Me? (Page 27) This Venn diagram is a fun way to explore careers alongside interests and strengths. Guide your students to notice careers that intersect with interests and abilities.</p>
	<p>Career Action Plan (Page 28) Use this activity page with students to examine careers more closely and explore what it takes to prepare for a career. (Print multiple copies to explore more than one career.)</p>

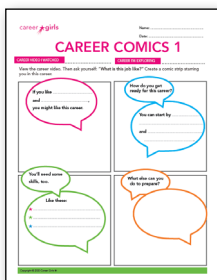
Printable Activity Pages



Cool Career Facts (Page 29)

Career Girls videos are full of surprising and fun facts about widely diverse careers. Imagine this: Jaime Catchen, Mars Rover Systems Engineer at NASA’s Jet Propulsion Laboratory (JPL), helps plan the Rover’s driving—which rocks are safe to drive over and how to best position the Rover to carry out its mission for the day. No wonder Jamie says her job is “really fun!”

- Create opportunities to notice moments like this that might spark a student’s interest. What makes a career stand out?
- Before viewing a video, give each student a sticky note (large enough to write on). Have students listen for something that captures their attention and write it on the sticky note. (This might be optional, as different careers will appeal to different students.)
- Post mural paper on a wall and have students add their notes to it. (Have students write the career title on the sticky note first, or have them post in an area that you’ve sectioned off and labeled accordingly.)
- Encourage students to “read the wall” periodically to discover new fun facts about careers.



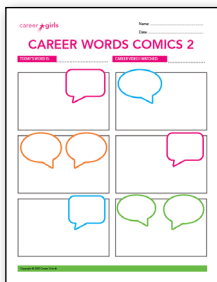
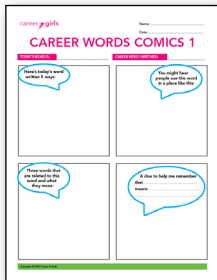
Career Comics

These comic strip templates invite your students to put their imaginations to work while exploring careers. There are three templates to choose from:

- **Career Comics 1** (Page 30)
After viewing a career video, your students can use this activity page to explore the question: *How do I do this?*
- **Career Comics 2** (Page 31)
After viewing a career video, your students can use this activity page to explore the question: *What is this job like?*
- **Career Comics 3** (Page 32)
Invite your young comic enthusiasts to create a serial comic strip starring themselves in future careers. Share examples of published comic strips to learn about common characteristics of this genre, such as dialogue and onomatopoeia.



Printable Activity Pages



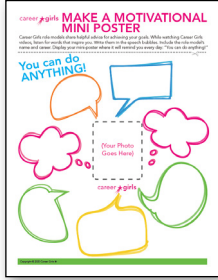

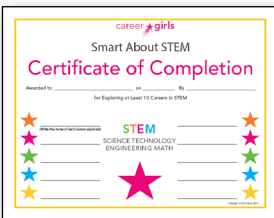

Career Words Comics (Pages 33 and 34)

This comic strip format builds word-picture associations to support students' acquisition of key vocabulary. The fun, accessible format combines dialogue and context to actively reinforce vocabulary students encounter in the videos and in the corresponding classroom lessons

Two templates are provided: a 4-panel template with pre-filled prompts and a 6-panel template without prompts. You can easily adapt either—using liquid eraser to revise existing prompts or adding prompts to the blank template—to support learning goals for your students and specific career vocabulary you're teaching. With academic and college/career goals in mind, consider using these reproducible activity pages to build vocabulary in a variety of ways, such as with the following:

- **Figurative Language:** Look for examples of figurative language in the videos, such as "stand up for" and "give your word." Have students use the blank comic strip frames to illustrate the literal and figurative meaning.
- **Multiple Meaning Words:** Choose target words that have more than one meaning. Have students use the blank comic strip panels to illustrate the multiple meanings, being sure to include the meaning as used in the career video. As an example, students might create a comic strip for the word *organic*, showing its meaning both as a branch of chemistry and, possibly more familiar, as used to describe produce and other foods grown, produced, or raised without the use of pesticides, synthetic fertilizers, and so on.
- **Word Relationships:** Use the Career Words Comics template with pre-filled prompts to encourage students to make connections among words, reinforce meaning, and broaden understanding. Students exploring the meaning of *diversity*, for example, are prompted in one panel to fill in three related words. Based on the video, the words *differences*, *valuable*, and *culture* may come to mind. After viewing a video featuring a scientist, students might use the blank template to create comics that look at content area words, such as those for different types of scientists. In the process, they may discover something about word parts—as with the prefix *-ist* in *biologist*, *physicist*, *geneticist*, *epidemiologist*, *immunologist*, and so on. (There are videos for all of these careers in science, and more!)
- **Serial Comic Strips:** Invite your young comic enthusiasts to create their own comic strip characters who star in a series of Career Words Comics. Share examples of published comic strips to teach common characteristics of this genre, such as dialogue and onomatopoeia.

Printable Activity Pages

	<p>Motivational Mini-Poster (Page 35)</p> <p>Career Girls role models share advice to help girls discover their own interests and passions and instill in them the importance of believing in themselves. While viewing Career Girl videos with students, pay special attention to the My Advice and Overcoming Obstacles video clips. Invite your students to listen for words that inspire them. Have them use those inspirational words to create a mini-poster that reminds them each day, “You can do anything!”</p>
	<p>Positively Empowered! Certificate (Page 36)</p> <p>Use this certificate with your students to track completion of Career Girls Empowerment Lessons, with a goal of completing at least 10.</p>
	<p>Smart About STEM Certificate (Page 37)</p> <p>Use this certificate with students to set a goal of exploring careers in each STEM area (Science, Technology, Engineering, Math). Learn more about STEM lessons on pages 12–13.</p>
	<p>Career Connections Certificate (Page 38)</p> <p>Use this certificate with students to set a goal of exploring at least one career in each of these 16 career cluster categories.</p>

Think about your interests and favorite subjects. How do they relate to careers you're exploring?

Name:
Date:

Use this chart to keep track of careers you explore. Which careers do you find most interesting?

CAREER TRACKER

	Career	What's Most Interesting?	Fun Fact!	College?
★ 1				Yes No
2				Yes No
3				Yes No
4				Yes No
5				Yes No
6				Yes No
7				Yes No
8				Yes No
9				Yes No
10				Yes No

Use this chart to keep track of career clusters you explore. Which clusters do you find most interesting?

Think about your interests and favorite subjects. How do they relate to career clusters you're exploring?

Name:

Date:

CAREER CLUSTER TRACKER

★	Career Cluster	What's Most Interesting?	Fun Fact!	College?
1				Yes No
2				Yes No
3				Yes No
4				Yes No
5				Yes No
6				Yes No
7				Yes No
8				Yes No
9				Yes No
10				Yes No

CAREER GIRLS JOURNAL

Careers I'm Exploring

CAREER I EXPLORED

Things to Know About This Career

What you do:

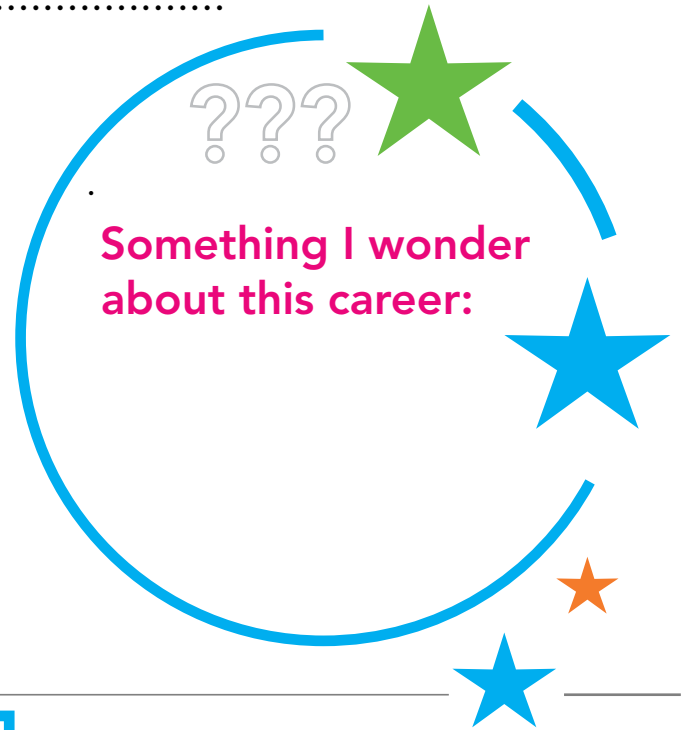
.....

Education you need:

.....

What might surprise you:

.....



Could This Be the Career for Me?

Color in the stars to show how interested you are in this career.



No thanks

Sign me up

Here's why:

.....
.....
.....

3 Steps I Could Take to Prepare for This Career:

1
.....

2
.....

3
.....

CAREER GIRLS JOURNAL

College Majors I'm Exploring

MAJOR I EXPLORED

Things to Know About This Major

Classes you might take:

.....

Careers it prepares you for:

.....

What might surprise you:

.....



Could This Be the Major for Me?

Color in the stars to show how interested you are in this major.



No thanks

Sign me up

Here's why:

.....
.....
.....

3 Steps I Could Take to Prepare for This Major:

1
.....

2
.....

3
.....

CAREER GIRLS JOURNAL

Colleges I'm Exploring

COLLEGE I EXPLORED

Things to Know About This College

Favorite major it offers:

.....

Acceptance requirements:

.....

What might surprise you:

.....



Could This Be the College for Me?

Color in the stars to show how interested you are in this college.



No thanks

Sign me up

Here's why:

.....
.....
.....

3 Steps I Could Take to Prepare for This College:

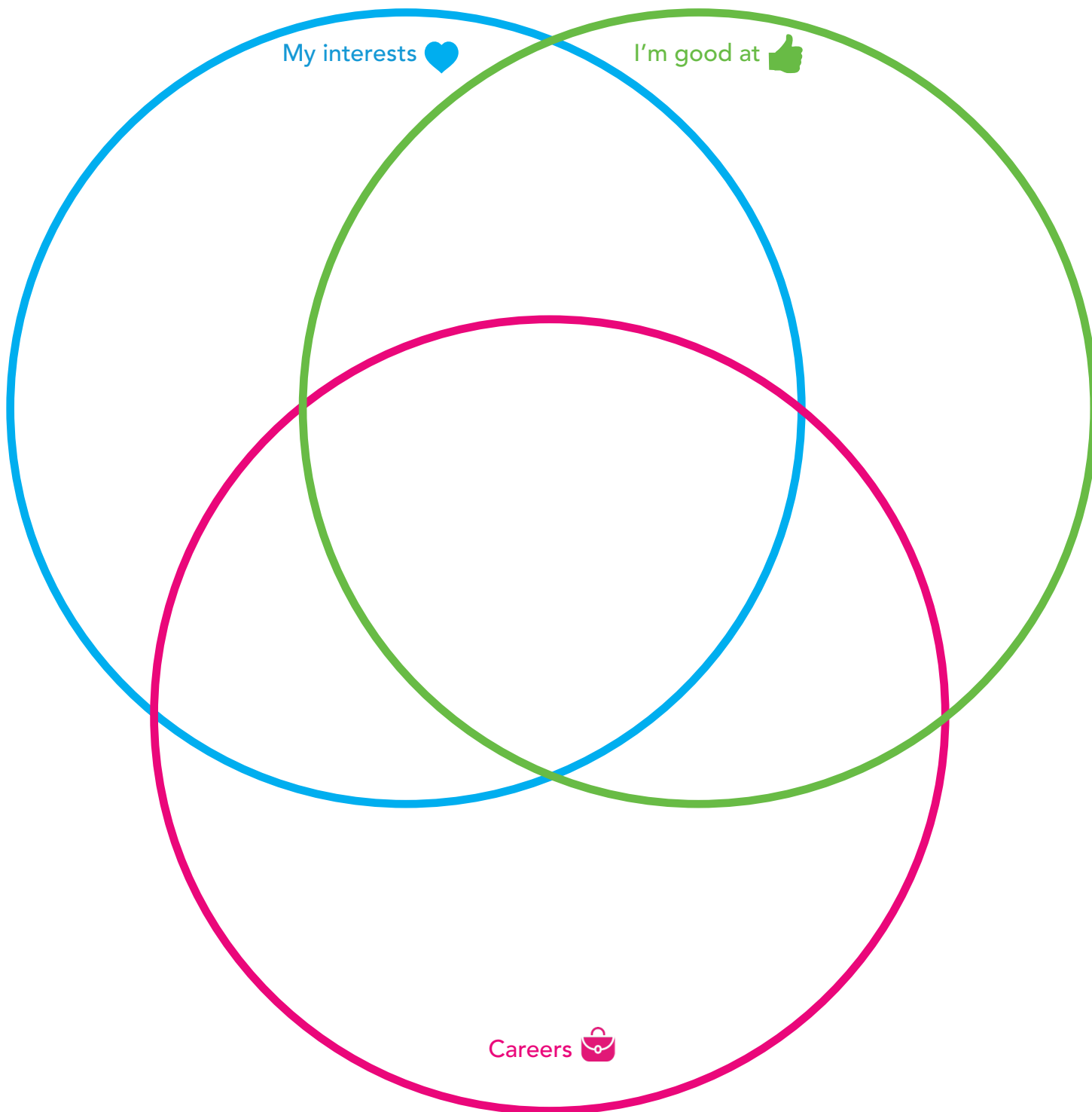
1
.....

2
.....

3
.....

IS THIS A CAREER FOR ME?

Fill in the circles with your **interests**, your **strengths**, and **careers** you're exploring. Use the overlapping areas to show where different interests, strengths, and careers connect. Add to the circles as you think of more.



CAREER ACTION PLAN

CAREER

Choose a Career Girls video to explore. Complete each section to tell about the career and what it takes to get there.

Check the career cluster(s):

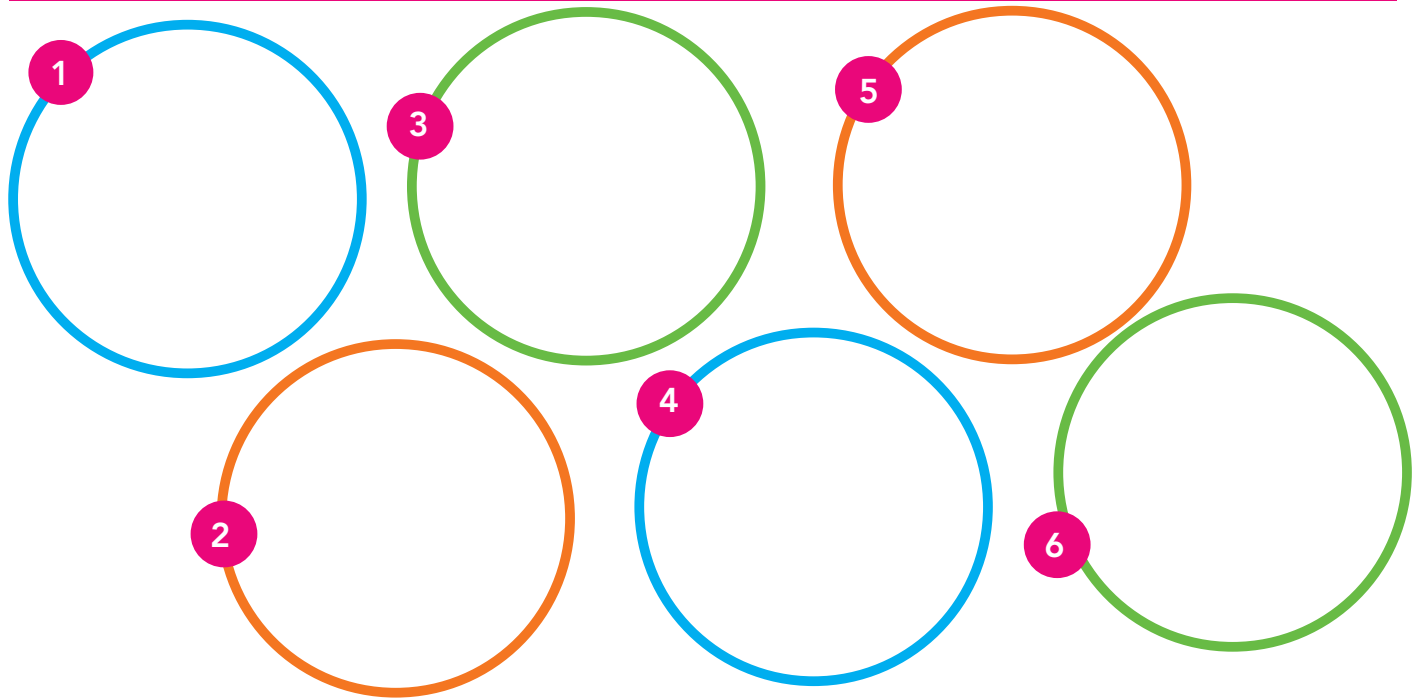
- Agriculture, Food & Natural Resources
- Architecture & Construction
- Arts, Audio/Video & Communications
- Business Management & Administration
- Education & Training
- Energy
- Finance
- Government & Public Administration
- Health Sciences
- Hospitality & Tourism
- Human Services
- Information Technology
- Law & Public Safety
- Manufacturing
- Marketing
- Transportation
- STEM (Science, Technology, Engineering & Math)

Skills for Success

If this is the career for you, these are four skills you'll need:

1.
2.
3.
4.

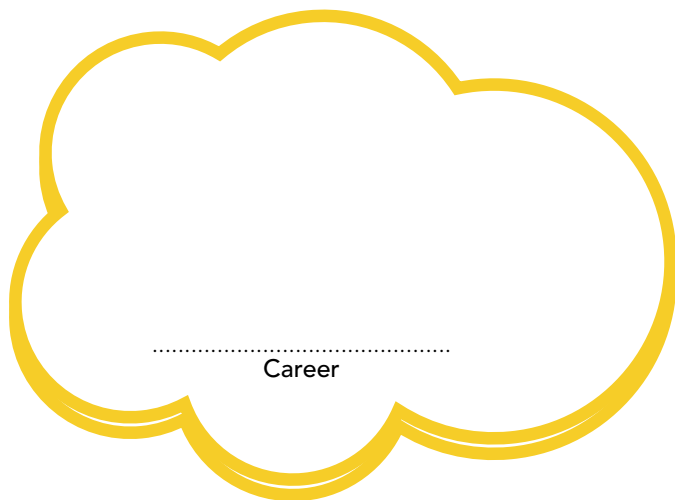
JOB READY! What steps can you take, starting now, to make this career happen?



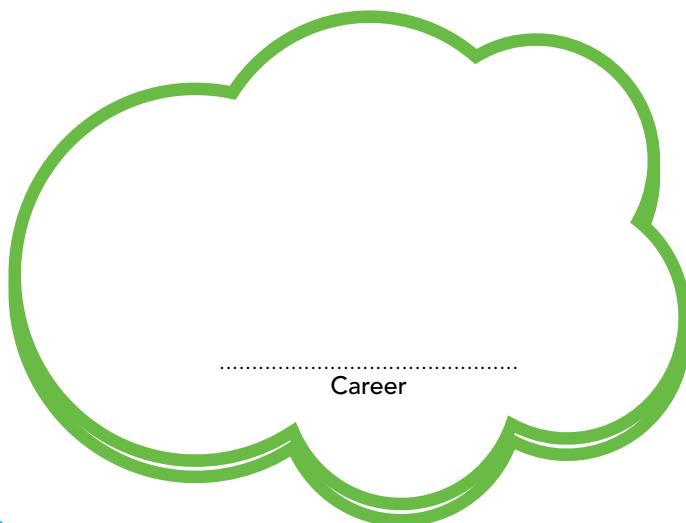
Six large circles arranged in two rows of three, each with a pink circle containing a number from 1 to 6. The circles are colored as follows: 1 (blue), 2 (orange), 3 (green), 4 (blue), 5 (orange), 6 (green).

COOL CAREER FACTS

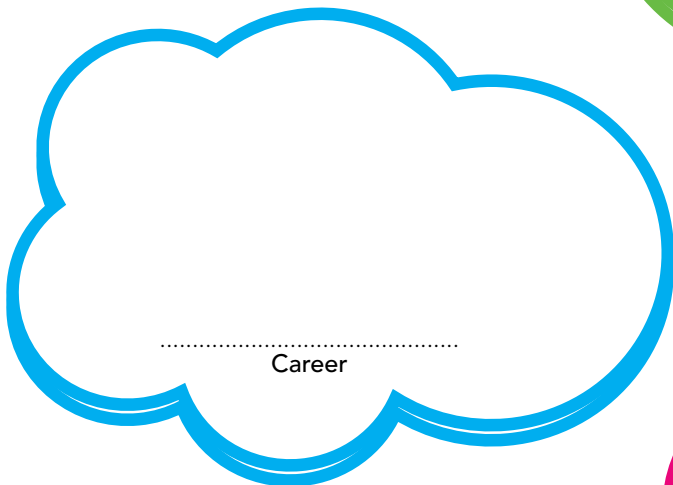
With Career Girls videos, you'll discover lots of cool things about all kinds of careers. If you're interested in space, for example, you might find it amazing that Chemical Engineer Susana Tapia Harper does safety testing on any material that goes up with an astronaut—even a guitar! Listen for more fun facts about different careers and record them here.



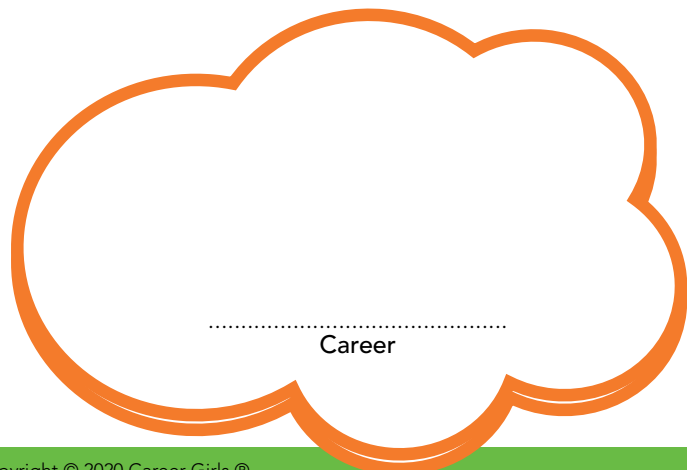
.....
Career



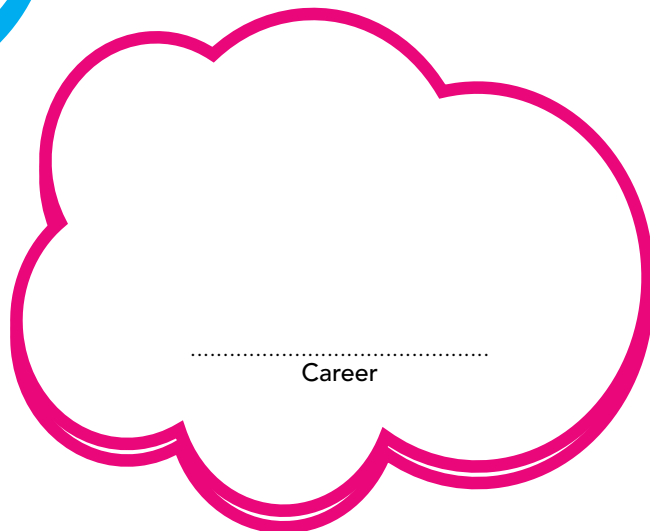
.....
Career



.....
Career



.....
Career



.....
Career

CAREER COMICS 1

CAREER VIDEO I WATCHED

CAREER I'M EXPLORING

View the career video. Then ask yourself: "What is this job like?" Create a comic strip starring you in this career.

If you like
and,
you might like this career.

How do you get ready for this career?

You can start by
.....
and
.....

You'll need some skills, too.

Like these:

- ★
- ★
- ★

What else can you do to prepare?

CAREER COMICS 2

CAREER VIDEO I WATCHED

A DAY IN THE LIFE OF A(N)

BY

A typical day might include:



School subjects you might use most:



In this career, it's really true that:



One great thing about this career:



What might be challenging?





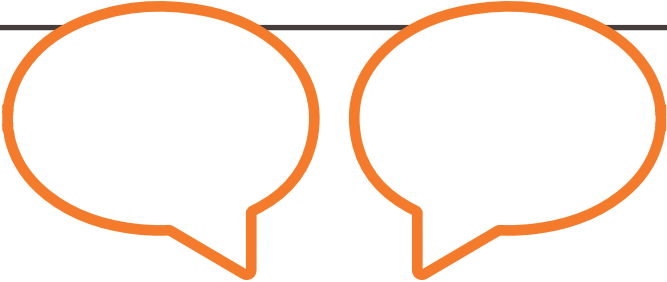


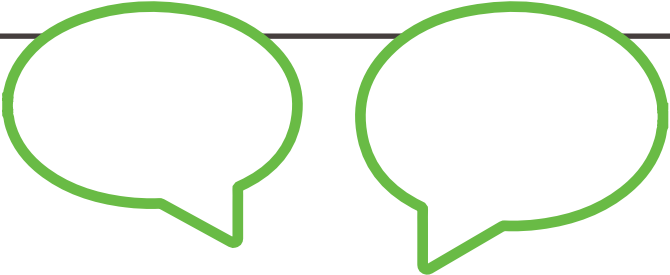
Fun fact!



CAREER COMICS 3

A DAY IN THE LIFE OF A(N)

Create a comic strip series that stars the future you in a career you are exploring. Use pictures and words to show what it's like to work in this career.

CAREER WORDS COMICS 1

TODAY'S WORD IS:

CAREER VIDEO I WATCHED:

Here's today's word written 5 ways:

You might hear people use this word in a place like this:

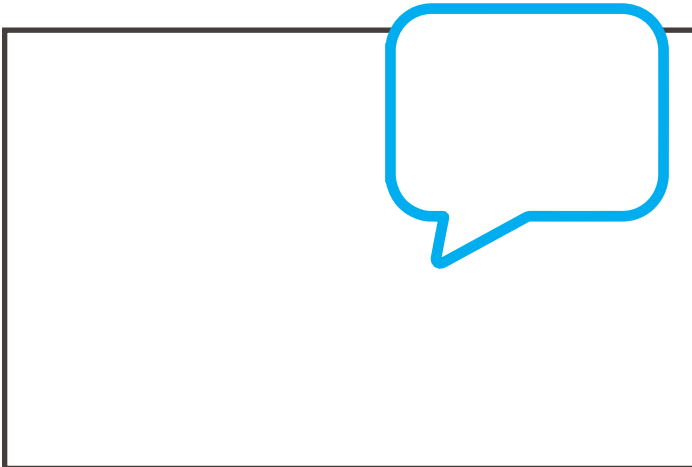
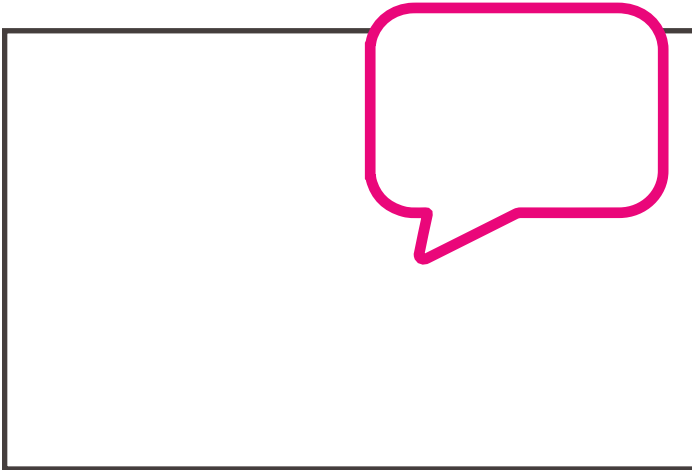
Three words that are related to this word and what they mean:

A clue to help me remember that means

CAREER WORDS COMICS 2


TODAY'S WORD IS:

CAREER VIDEO I WATCHED:

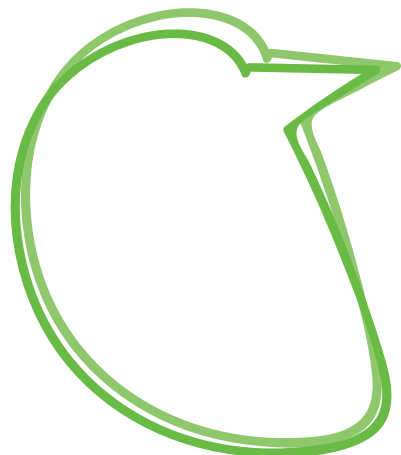
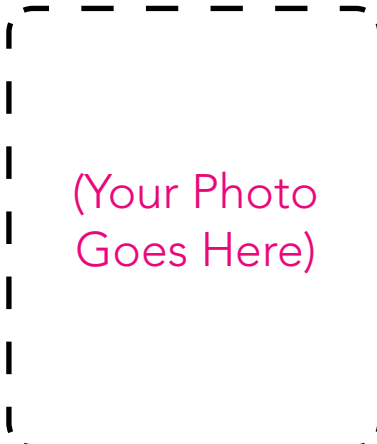


career  girls **MAKE A MOTIVATIONAL
MINI POSTER**

Career Girls role models share helpful advice for achieving your goals. While watching Career Girls videos, listen for words that inspire you. Write them in the speech bubbles. Include the role model's name and career. Display your mini-poster where it will remind you every day: "You can do anything!"

..... 

**You can do
ANYTHING!**



career  girls



Positively Empowered

Certificate of Completion

Awarded to _____ on _____ By _____

for Completing 10 Career Girls Empowerment Lessons

(Write the name of each lesson)



"Be exactly who you are.
Know that who you are is
awesome!"

– Jamila Glass
Dancer and Filmmaker





Smart About STEM

Certificate of Completion

Awarded to _____ on _____ By _____

for Exploring at Least 10 Careers in STEM



(Write the name of each career explored)

STEM

SCIENCE TECHNOLOGY
ENGINEERING MATH



Career Connections

Certificate of Completion

Awarded to _____

on _____

By _____

for Exploring at Least One Career in Each Career Cluster

(Color a star for each cluster you explored a career in)

-  Agriculture, Food & Natural Resources
-  Architecture & Construction
-  Arts, Audio/Video & Communications
-  Business Management & Administration
-  Education & Training
-  Finance
-  Government & Public Administration
-  Health Science

-  Hospitality & Tourism
-  Human Services
-  Information Technology
-  Law & Public Safety
-  Manufacturing
-  Marketing
-  Transportation
-  STEM

"Never give up. Set a goal and go after it. You can do it!"

– Tonya Noble
Software Engineer and
Systems Manager, Boeing



Connections to the Common Core State Standards (CCSS)

Career Girls educational materials are designed to support students in developing lifelong learning skills such as critical thinking, creativity, and motivation, while also building competencies for meeting the Common Core State Standards in the following areas:

English Language Arts Standards » Anchor Standards » College and Career Readiness Anchor Standards for Language

Vocabulary Acquisition and Use

CCSS.ELA-LITERACY.CCRA.L.4

Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.

CCSS.ELA-LITERACY.CCRA.L.5

Demonstrate understanding of figurative language, word relationships, and nuances in word meanings.

CCSS.ELA-LITERACY.CCRA.L.6

Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when encountering an unknown term important to comprehension or expression.

English Language Arts Standards » Speaking & Listening

Grade 4

CCSS.ELA-LITERACY.SL.4.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.4.3

Identify the reasons and evidence a speaker provides to support particular points.

CCSS.ELA-LITERACY.SL.4.4

Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

Grade 5

CCSS.ELA-LITERACY.SL.5.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.5.3

Summarize the points a speaker makes and explain how each claim is supported by reasons and evidence.

CCSS.ELA-LITERACY.SL.5.4

Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.

Grade 6

CCSS.ELA-LITERACY.SL.6.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts, and issues, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.6.4

Present claims and findings, sequencing ideas logically and using pertinent descriptions, facts, and details to accentuate main ideas or themes; use appropriate eye contact, adequate volume, and clear pronunciation.

Grade 7

CCSS.ELA-LITERACY.SL.7.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts, and issues, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.7.4

Present claims and findings, emphasizing salient points in a focused, coherent manner with pertinent descriptions, facts, details, and examples; use appropriate eye contact, adequate volume, and clear pronunciation.

Grade 8

CCSS.ELA-LITERACY.SL.8.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts, and issues, building on others' ideas and expressing their own clearly.

CCSS.ELA-LITERACY.SL.8.4

Present claims and findings, emphasizing salient points in a focused, coherent manner with relevant evidence, sound valid reasoning, and well-chosen details; use appropriate eye contact, adequate volume, and clear pronunciation.

English Language Arts Standards » Writing

Grade 4

CCSS.ELA-LITERACY.W.4.1

Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

CCSS.ELA-LITERACY.W.4.2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

CCSS.ELA-LITERACY.W.4.4

Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.

Grade 5

CCSS.ELA-LITERACY.W.5.1

Write opinion pieces on topics or texts, supporting a point of view with reasons and information.

CCSS.ELA-LITERACY.W.5.2

Write informative/explanatory texts to examine a topic and convey ideas and information clearly.

CCSS.ELA-LITERACY.W.5.4

Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.

Grade 6

CCSS.ELA-LITERACY.W.6.1

Write arguments to support claims with clear reasons and relevant evidence.

CCSS.ELA-LITERACY.W.6.2

Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

CCSS.ELA-LITERACY.W.6.4

Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Grade 7

CCSS.ELA-LITERACY.W.7.1

Write arguments to support claims with clear reasons and relevant evidence.

CCSS.ELA-LITERACY.W.7.2

Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

CCSS.ELA-LITERACY.W.7.4

Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Grade 8

CCSS.ELA-LITERACY.W.8.1

Write arguments to support claims with clear reasons and relevant evidence.

CCSS.ELA-LITERACY.W.8.2

Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.

CCSS.ELA-LITERACY.W.8.4

Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.