



# Life Lessons 101: Classroom Lesson Plan

## Lesson Topic:

Life Lessons 101

## Lesson Objective:

Students will be able to describe a variety of life lessons and select their favorites to create a “Life Lessons” poster.

## Materials:

- Writing utensils
- Blank paper
- Whiteboard or overhead
- Chart paper
- Poster paper
- Markers
- Projector or other method to watch the video

## Advanced Preparation:

- Preview the video before sharing it with your students [2:00].
- Title the chart paper “Life Lessons”.
- Think of some life lessons or pieces of wise advice to share. Briefly summarize these lessons at the top of the chart paper.



### **Warm-up Activity:**

1. Share a few life lessons or pieces of wise advice. Explain how you learned each of these lessons and how they may apply to your students.
2. Ask, "What life lessons or pieces of wise advice have you learned, read about, or had shared with you?"
3. Direct students to turn and talk to a partner. Then bring the class together to discuss students' ideas.
4. Make notes of life lessons and wise advice from the class discussion on the "Life Lessons" chart paper.

### **View the Video: "Life Lessons 101"**

1. Tell students they will be watching the video titled, "[Life Lessons 101](#)".
2. Explain that the video shares powerful advice and guidance from a variety of role models.
3. View the video together and have students listen for life lessons shared by the role models.
4. View the video again; this time, invite students to formulate questions or comments about the ideas discussed in the video. Students should be prepared to discuss these after viewing the video.

### **Video Follow-up:**

1. Ask students to offer their questions, comments, reactions, and responses to the video.
2. Ask, "What new life lessons or wise advice did you hear in the video?"



3. Allow students to briefly chat with a partner. Then bring the class together to discuss their thoughts.
4. Add any new life lessons to the "Life Lessons" chart paper.
5. Tell students that they will be working in small groups to create life lesson posters for display in the classroom, hallway, or another public location.
6. Divide students into groups of 3-4.
7. Distribute poster paper and markers.
8. Direct students to work together to plan and create a visually attractive poster that includes one or more life lessons from the "Life Lessons" chart paper.
9. As time allows, have students take a silent gallery walk around the room to admire the work of other groups.
10. Student work should be hung for display in the classroom, hallway, lunchroom, or another public location.
11. Close the lesson by reminding students that life is complex. Being able to learn from others' experience as well as our own helps enable us to construct solid, secure, and successful lives. Encourage students to ask their parents for life advice and share the lessons they learned today in class.



### Extension Activities:

1. Direct students to interview their parents, friends, community members, and others to continue compiling pieces of life advice. Students can use these pieces of life advice to create a "Life Lessons" book.
2. Encourage students to read fables, fairy tales, or other stories that contain lessons or morals. Have students summarize the main "life lessons" from these books.
3. Use the "Related Questions to Explore" as discussion springboards or writing prompts to help students further explore life lessons and wise advice.

### Related Questions to Explore:

- What types of experiences have you had that taught a life lesson?
- Are some experiences more likely to provide a life lesson than others? If so, why?
- Is it better to learn a life lesson from your own experience or to hear it from someone else? Explain your thinking.
- You may have heard the famous quote, "A wise man learns from the mistakes of others." What does this mean? Do you think it is true?
- Are some life lessons more important than others? Why or why not?



## Ideas for Future Lessons/Activities Related to Life Lessons:

1. Life Lessons from Around the World: Famous Proverbs from Different Countries
2. History Connection: What Life Lessons Can We Learn from the Past?
3. Autobiographical Stories: What Can I Learn from Thinking About My Own Life?
4. Success vs. Failure: Do They Both Hold Important Life Lessons?
5. Literature-Based Learning: Life Lessons from Autobiographies and Memoirs of Famous Female Figures
6. Try, Try, Try Again! Life Lessons from Famous Inventors and Entrepreneurs
7. You, Me, and Life Lessons: How Does Your Life Experience Color the Way You View the World?