
Problem Solving

The video "Problem Solving" discusses problem solving and gives strategies you can try out to solve problems in your own life. From breaking down the problem into smaller steps to asking for advice from others, there are many ways to approach solving problems.

Try This!

One helpful strategy the role models suggested was to think of a variety of solutions to a problem before selecting one or more to try out. Read the situation below. Then think of some possible solutions to Rachel's problem.

Work Experience

Rachel loves animals and can't wait to have her first real job! Next year, her parents said she could start applying for a job and working a few hours per week on Saturdays and Sundays. She really wants to work at the animal hospital or the pet store in her community. But Rachel has heard it can be hard to find a job without any experience.

Rachel has two dogs, Guinea and Robinson, and a Siamese cat. Many of her neighbors have pets as well. Rachel also lives near an animal shelter.

Rachel needs to gain some experience to put on her job application, but how?

1. What is Rachel's problem?

2. What are some possible solutions to Rachel's problem? List at least three ideas that you have.

3. Which solution(s) would you suggest to Rachel? Why?

Bonus

Think of a problem in your life or your community. Use the space below to brainstorm some possible solutions.
