

# Designing Your Destiny

The video "[Designing Your Destiny](#)" shares powerful advice and guidance from a variety of role models. When planning for your future, make sure that you stay focused on your goals and desires. Stay in the driver's seat of your life!

## Try This!

Only you can be responsible for your success, your happiness, and your personal fulfillment! Read through the scenarios below and decide if each girl is taking responsibility for her own destiny or allowing outside forces and others to guide her path. Then, answer the questions that follow.

## Who's Really in Charge?

### Scenario 1

Sofia sat on the playground bench, frowning. "Why didn't you invite me to join your project group?" she demanded of her friends, Amara and Mia.

"We didn't know you wanted to be part of it, Sofia," Amara replied, looking confused.

"You should have just asked!" Sofia insisted, feeling frustrated.

Later that day in science class, Sofia saw Mia and Amara receiving praise for their science project. "That's so unfair," Sofia thought. "I should be recognized too. We're best friends!"

1. Is Sofia taking responsibility for her own destiny? \_\_\_\_\_

2. What would you recommend Sofia do differently in this scenario to put herself back in "the driver's seat" of her life?

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### Scenario 2

Lily and her friends were on the afterschool soccer team. Lily enjoyed soccer, but she didn't spend any time outside of the team sessions practicing. One afternoon, while watching Imani score another goal, Lily sighed.

"Why don't I ever get to play like that?" she muttered.

"You can, Lily," Imani said. "But you need to practice."

Lily shrugged. "I guess, but I thought I'd just get better naturally."

1. Is Lily taking responsibility for her own destiny? \_\_\_\_\_
2. What would you recommend Lily do differently in this scenario to put herself back in "the driver's seat" of her life? \_\_\_\_\_

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