



Conflict Resolution: Classroom Lesson Plan

Lesson Topic:

Conflict Resolution

Lesson Objective:

Students will be able to describe multiple healthy conflict resolution methods.

Materials:

- Writing utensils
- Whiteboard or overhead
- Chart paper, 2 pieces
- Projector or other method to watch the video

Advanced Preparation:

- Preview the [video](#) before sharing it with your students [2:36].
- Title the first piece of chart paper "Ways to Handle Conflicts".
- Divide the second piece of chart paper in half. Title the left side "Healthy Ways to Handle Conflict". Title the right side "Unhealthy Ways to Handle Conflict".
- Be prepared to share an age-appropriate conflict you've recently seen or been involved in as well as at least three ways the conflict could have been solved.

Warm-up Activity:

1. Share an age-appropriate conflict that you have recently seen or been involved in.
2. Ask, "How could this conflict have been solved?"
3. Direct students to turn and talk to a partner. Then, call the class back together to share student ideas. Provide appropriate vocabulary (*compromise, collaborate, etc.*) as needed.
4. Say, "Think of a conflict you've recently seen or been involved in."
5. Give students a moment to think independently.
6. Ask, "How could the conflict have been solved? Think of as many ways as possible!"
7. Using the first sheet of chart paper titled "Ways to Handle Conflict", work together to create a list of conflict resolution methods and actions. This list should include all possible resolution ideas and styles. Both healthy and unhealthy methods should be represented.
8. Tell students that they will be working to add additional information to the chart paper after the video.

View the Video: "Conflict Resolution"

1. Tell students they will be watching the video titled, "Conflict Resolution".
2. Explain that the video shows role models describing the importance of healthy conflict resolution.
3. View the video together and have students listen for any conflict resolution methods or actions that are not already listed on the "Ways to Handle Conflict" chart paper.
4. View the video again; this time, invite students to formulate questions or comments about the ideas discussed in the video.



Students should be prepared to discuss these after viewing the video.

Video Follow-up:

1. Ask students to offer their questions, comments, reactions, and responses to the video.
2. Ask, "What new conflict resolution methods or actions did you hear in the video?"
3. Add any new information to the "Ways to Handle Conflict" chart paper.
4. Explain that some actions and resolution methods are healthy and lead to positive future interactions and a solution that both parties feel happy with. Other methods and actions are unhealthy and can lead to negative feelings and a bad solution or no solution at all.
5. Ask, "Which resolution methods or actions we have listed are healthy? Which are unhealthy?"
6. Direct students to turn and talk to a partner. Then, bring the class back together to share student ideas.
7. Sort each method or action listed on the first sheet of chart paper, "Ways to Handle Conflict", into the "Healthy" or "Unhealthy" column on the second sheet of chart paper. For each method or action, ask students to justify their categorization.
8. Use the following questions to summarize and close the lesson:
 - Why is it important to know about and use healthy conflict resolution methods and actions?
 - What can happen if unhealthy conflict resolution methods or actions are used?



- Think back to the conflict we discussed at the beginning of the lesson. What conflict resolution method or action would you recommend as the **best** way to solve that conflict? Why?
9. Close the lesson by reminding students that conflict resolution is a skill. By practicing the healthy methods and actions of conflict resolution we learned about in class, they will become more skilled at navigating conflicts and resolving them in a healthy, productive way.
 10. Encourage students to speak with family and friends at home about conflict resolution and how they resolve conflicts in their lives.

Extension Activities:

1. Direct students to write or draw about real or fictitious conflicts. Students can create short stories, graphic novels, or short comic strips.
2. Invite students to create a story in the style of a “choose-your-own-adventure” book where they solve a conflict using multiple different methods or actions.
3. Use the “Related Questions to Explore” as discussion springboards or writing prompts to help students further explore conflict resolution.

Related Questions to Explore:

- Where might you encounter conflicts in your life?
- Where do you imagine <your teacher, the principal, your sibling, the President, a sports star, a famous author, etc.> encounters conflicts in their life? What types of conflicts do you think this person has?
- Can you use one conflict resolution method for all conflict types or is it better to use different methods depending on the type of conflict? Why?
- Is there one “best” conflict resolution method? Why or why not?
- If you had to give two sentences of advice to a friend in a conflict, what would you tell them?



Ideas for Future Lessons/Activities Related to Conflict Resolution:

1. History Connection: Well-Known Conflicts and Their Resolutions
2. Listen, Empathize, Acknowledge: The Vocabulary of Conflict Resolution
3. How Can Conflicts Be Resolved? Compromise, Collaboration, Accommodation, and More!
4. What Would You Do? Roleplaying Challenging Conflict Situations
5. Literature-Based Learning: Analyzing Conflicts in Our Favorite Books
6. Career Conflicts: The Importance of Strong Conflict Resolution Skills at Work
7. Where Do Adults Solve Conflicts? Board Meetings, PTO Meetings, Ballot Boxes, and More!
8. Community Interviews: Learning About Conflict Resolution Skills from Our Community